

Name \_\_\_\_\_ Grade \_\_\_\_\_ Academy/School \_\_\_\_\_  
HR \_\_\_\_\_ ID# \_\_\_\_\_ Sport \_\_\_\_\_

## Paterson Public Schools Athletic Department

Tel. (973) 321-1000 ext. 50131 or (973) 321-0515

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### Athletic Participation Procedure

PLEASE READ THE FOLLOWING INSTRUCTIONS REGARDING THE SPORTS PARTICIPATION FORMS:

- 1- Your child must have a physical examination by the Examining Physician, Advanced Practice Nurse or Physician Assistant to participate in athletics for this school year. Once completed, the physical is good for one year (365 days). **Your child may not participate in athletics until the physical, health history questionnaire, permission/acknowledgement form, NJSIAA steroid testing consent form, sports related concussion and head injury fact sheet, and sudden cardiac death in athlete fact sheets have been signed and handed in to the school nurse.**
- 2- Your physician must complete, sign, and stamp the pre-participation physical examination form supplied by the school. We cannot accept the form without both the signature and stamp. **WE CANNOT ACCEPT A PHYSICAL EXAM ON ANY FORM OTHER THAN THE STATE FORM.**
- 3- You must complete the pre-participation health history questionnaire with your child, and it must be signed in the designated spot.
- 4- Once the sports physical packet (see #1 above) is completed, it must be returned to the **nurse at the school your child attends.** Once the nurse receives it they shall provide written notification signed by the school physician to the parent stating approval of the student's participation in athletics based upon the medical report or the reasons for the school physician's disapproval of the student's participation.
- 5- If your child participates in other sports programs (or the physical is older than 60 days), you and your child will need to complete a health history update for each sport. You do NOT need another physical.
- 6- If your child is injured while participating in a sports program, **he/she must immediately report the injury to the coach and athletic trainer.** If you need a school insurance claim form (Bollinger) for medical expenses not covered by your own insurance, please contact the athletic trainer or school nurse.